

I'm Chef Akila, an Indian grandma living in Yorkshire. I've been cooking **real** Indian food for over 60 years.

Working with doctors and nutritionists. I've made each recipe **healthier** and delicious.

If it isn't good enough for my grand children. It doesn't leave my kitchen. Enjoy the same wholesome meals that I make for my family.



Akıla\_\_\_ www.chefakila.com

# Combo Meals for One

Butter Chicken Combo Meal  Delhi Butter Chicken with Ghee Rice in a generous sized pack.	£7.45
Spicy Chicken Combo Meal Delicious Chicken Sukka Roast with Malabar Ghee Rice. Homely Meal for One.	£7.45
Goan Chicken Combo Meal Goan Chicken Curry with Coconut & Cashew Rice.	£7.45
Prawn Curry Combo Meal M Authentic Kannur Prawn Curry with our Coconut Rice.	£7.95
Vegetable Biryani Combo Meal Megetable Biryani with Delicious Chettinad Curry Sauce.	£7.45



#### GIFT VOUCHERS & GIFT ORDERS

Gift someone the most awarded Indian meals in the U.K. You can order for someone or send our electronic gift vouchers.



#### OVEN-READY PARTY PACKS

Our best-sellers are available in larger party packs to serve 8-10 people. Whether you have family around or catering for a party, just heat our meals and serve.



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Contact Us: Call us on 01535 666596.
Email: chef@chefakila.com



### HOME MADE CURRIES & BIRYANIS

Winner of 55 Great Taste Awards





Much Healthier than Takeaways No Nasty Oils or Chemicals

All Natural Ingredients

## FRESHLY FROZEN & DELIVERED

Just Heat-up & Enjoy Deliciously Healthy Meals in Minutes







# Yorkshire Farm Chicken

Delhi Butter Chicken  The Real Tikka Masala from Delhi. Our best-seller.	Serves 2	£10.95
Chettinad Chicken Curry 20 Quintessential South-Indian delicacy.	Serves 2	£9.95
Goan Chicken Curry  Mild, tangy and flavoursome curry from Goa.	Serves 2	£9.95
Village Chicken Curry *** Recipe from South Indian village. Rustic and healthy		£9.95
Pepper Chicken Curry Spicy, home-style curry from Kerala.	Serves 2	£9.95
Chicken Sukka Roast Mot & spicy dry curry. Ideal as starter or side.	Serves 2	£8.95
Chicken 65 (Starter) 11 Legendary boneless fried chicken from Madras.	Serves 2	£7.95

# Slow-Cooked Lamb Curries

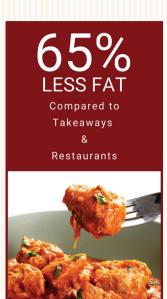
Lamb & Spinach Curry 🐠

The famous Saag-Gosht, made healthy.		
Grandma's Lamb Curry 💋 Our Grandma's recipe, made with Yorkshire Lamb		£11.95
Bombay Lamb Keema 🎶 Beach-side delicacy from Mumbai.	Serves 2	£9.95

# Birvanis & Rice

Royal Lamb Biryani   400-year old recipe with juicy Yorkshire lamb.	Serves 2	£10.95
Kerala Chicken Biryani 🤌 Our secret recipe with boneless chicken. Party favo		£9.95
Vegetable Dum Biryani  VEGAN Authentic Chennai style Biryani, made healthier.	Serves 2	£8.95
Malabar Ghee Rice Vegetarian Home-made ghee, warming spices and the finest B		£5.95
Nutty Lemon Rice / VEGAN Fresh lemon juice, Basmati, nuts and traditional ten		£4.95
Coconut & Cashew Rice J VEGAN	Serves 2	£4.95

Organic coconut, finest Basmati and nutritious cashews.



# NO Refined Oil NO Refined Sugar NO Foreign Meat NO Fake Meat **NO** Additives

#### Seafood

Kannur Prawn Curry Serves 2 £12.95 Fisherman's family recipe. Organic coconut & King prawns.

### Meat-free Delicacies

Paneer Butter Masala Vegetarian Serves 2 £9.95 Popular Punjabi delicacy. Cottage cheese in buttery tomato curry.

Vegan Tikka Masala 🕖 VEGAN Serves 2 £8.95 Healthier version of a classic, with chickpeas and cauliflower.

Mixed Vegetable Kurma 🥠 VEGAN Serves 2 £8.45 Flavoursome mixed vegetable curry that goes with anything.

Serves 2 £7.95 Kadala Curry J VEGAN Traditional black chickpea curry with organic coconut.

Akila's Black Dal Vegetarian Serves 2 £7.95 India's soul food. Creamy, smoky and comforting.

Madras Potato Sambar Vegetarian Serves 2 £7.95 Traditional lentil and vegetable curry that's our family staple.

# Scrumptious Sides & Dal

Aubergine Gothsu **JJ** VEGAN Serves 2 £7.95 Traditional side dish with mashed aubergines and potatoes.

Spinach Dal Kootu 💋 VEGAN Serves 2 £ 6.95 Organic coconut, spinach and mung dal, Kerala style.

Five Lentil Dal Wegetarian Serves 2 £6.95 5 different lentils with home-made ghee. Wholesome.

Mum's Masala Potatoes **Mum's Masala Potatoes** Serves 2 £6.50 Scrumptious side. Family recipe with semi-mashed potatoes & onions.

# All-in-One Curry Sauces

Makhani Curry Sauce / Vegetarian Serves 4 £ 5.95 Creamy sauce suitable to make any curry. Serves 4 £5.95

Fisherman's Curry Sauce J VEGAN Make your own authentic seafood curry.

Chettinad Curry Sauce Jy VEGAN Serves 4 £5.95 Make South Indian meat or veg curry.

# Just **Heat & Eat** Delivered Frozen **Fully Cooked** No Mess

No Waste









Serves 2 £11.95