



I'm Chef Akila, an Indian grandma living in Yorkshire. I've been cooking real Indian food for over 60 years.

Working with doctors and nutritionists, I've made each recipe healthier and delicious.

If it isn't good enough for my grand children, it doesn't leave my kitchen. Enjoy the same wholesome meals that I make for my family.



@chefakila

Akila
www.chefakila.com

Combo Meals for One

Butter Chicken Combo Meal 🍛

Delhi Butter Chicken with Ghee Rice in a generous sized pack.

£7.45

Spicy Chicken Combo Meal 🍛🍛

Delicious Chicken Sukka Roast with Malabar Ghee Rice. Homely Meal for One.

£7.45

Goan Chicken Combo Meal 🍛

Goan Chicken Curry with Coconut & Cashew Rice.

£7.45

Prawn Curry Combo Meal 🍛

Authentic Kannur Prawn Curry with our Coconut Rice.

£7.95

Vegetable Biryani Combo Meal 🍛 VEGAN

Wholesome Vegetable Biryani with Delicious Chettinad Curry Sauce.

£7.45



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Our best-sellers are available in larger party packs to serve 8-10 people. Whether you have family around or catering for a party, just heat our meals and serve.

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Chef Akila

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From My Yorkshire Kitchen *Akila*



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or Chemicals*

*All Natural
Ingredients*

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Just Heat-up & Enjoy Deliciously Healthy Meals in Minutes



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Menu *All items are Gluten-Free.*

From Freezer to fork in 10 minutes.

Yorkshire Farm Chicken

- Delhi Butter Chicken** 🍴 Serves 2 £10.95
The Real Tikka Masala from Delhi. Our best-seller.
- Chettinad Chicken Curry** 🍴 Serves 2 £9.95
Quintessential South-Indian delicacy.
- Goan Chicken Curry** 🍴 Serves 2 £9.95
Mild, tangy and flavoursome curry from Goa.
- Village Chicken Curry** 🍴 Serves 2 £9.95
Recipe from South Indian village. Rustic and healthy.
- Pepper Chicken Curry** 🍴 Serves 2 £9.95
Spicy, home-style curry from Kerala.
- Chicken Sukka Roast** 🍴 Serves 2 £8.95
Hot & spicy dry curry. Ideal as starter or side.
- Chicken 65 (Starter)** 🍴 Serves 2 £7.95
Legendary boneless fried chicken from Madras.

Slow-Cooked Lamb Curries

- Lamb & Spinach Curry** 🍴 Serves 2 £11.95
The famous Saag-Gosht, made healthy.
- Grandma's Lamb Curry** 🍴 Serves 2 £11.95
Our Grandma's recipe, made with Yorkshire Lamb.
- Bombay Lamb Keema** 🍴 Serves 2 £9.95
Beach-side delicacy from Mumbai.

Biryanis & Rice

- Royal Lamb Biryani** 🍴 Serves 2 £10.95
400-year old recipe with juicy Yorkshire lamb.
- Kerala Chicken Biryani** 🍴 Serves 2 £9.95
Our secret recipe with boneless chicken. Party favourite.
- Vegetable Dum Biryani** 🍴 VEGAN Serves 2 £8.95
Authentic Chennai style Biryani, made healthier.
- Malabar Ghee Rice** 🍴 Vegetarian Serves 2 £5.95
Home-made ghee, warming spices and the finest Basmati.
- Nutty Lemon Rice** 🍴 VEGAN Serves 2 £4.95
Fresh lemon juice, Basmati, nuts and traditional tempering.
- Coconut & Cashew Rice** 🍴 VEGAN Serves 2 £4.95
Organic coconut, finest Basmati and nutritious cashews.

**65%
LESS FAT**

Compared to
Takeaways
&
Restaurants



**NO
NASTIES**

NO Refined Oil
NO Refined Sugar
NO Foreign Meat
NO Fake Meat
NO Additives



Seafood

- Kannur Prawn Curry** 🍴 Serves 2 £12.95
Fisherman's family recipe. Organic coconut & King prawns.

Meat-free Delicacies

- Paneer Butter Masala** 🍴 Vegetarian Serves 2 £9.95
Popular Punjabi delicacy. Cottage cheese in buttery tomato curry.
- Vegan Tikka Masala** 🍴 VEGAN Serves 2 £8.95
Healthier version of a classic, with chickpeas and cauliflower.
- Mixed Vegetable Kurma** 🍴 VEGAN Serves 2 £8.45
Flavoursome mixed vegetable curry that goes with anything.
- Kadala Curry** 🍴 VEGAN Serves 2 £7.95
Traditional black chickpea curry with organic coconut.
- Akila's Black Dal** 🍴 Vegetarian Serves 2 £7.95
India's soul food. Creamy, smoky and comforting.
- Madras Potato Sambar** 🍴 Vegetarian Serves 2 £7.95
Traditional lentil and vegetable curry that's our family staple.

Scrumptious Sides & Dal

- Aubergine Gothsu** 🍴 VEGAN Serves 2 £7.95
Traditional side dish with mashed aubergines and potatoes.
- Spinach Dal Kootu** 🍴 VEGAN Serves 2 £6.95
Organic coconut, spinach and mung dal, Kerala style.
- Five Lentil Dal** 🍴 Vegetarian Serves 2 £6.95
5 different lentils with home-made ghee. Wholesome.
- Mum's Masala Potatoes** 🍴 VEGAN Serves 2 £6.50
Scrumptious side. Family recipe with semi-mashed potatoes & onions.

All-in-One Curry Sauces

- Makhani Curry Sauce** 🍴 Vegetarian Serves 4 £5.95
Creamy sauce suitable to make any curry.
- Fisherman's Curry Sauce** 🍴 VEGAN Serves 4 £5.95
Make your own authentic seafood curry.
- Chettinad Curry Sauce** 🍴 VEGAN Serves 4 £5.95
Make South Indian meat or veg curry.

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No Waste



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of Curries"**

55 Awards for Taste



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