

I'm Chef Akila, an Indian grandma living in Yorkshire. I've been cooking <u>real</u> Indian food for over 60 years.

Morking with doctors and nutritionists, I've made each recipe healthier and delicious.

If it isn't good enough for my grand children. It doesn't leave my kitchen. Enjoy the same wholesome meals that I make for my family.

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Akıla\_\_\_ www.chefakila.com

#### Combo Meals for One

Lamb Curry Combo Meal 🤌 Lamb & Spinach Curry with Nutty Lemon Rice.	£8.95
Butter Chicken Combo Meal 🐠	£7.45
Delhi Butter Chicken with Ghee Rice in a generous sized pack.	C=
Chicken Sukka Biryani Meal Meal Spicy Chicken Sukka with our Kuska Biryani Rice.	£7.45
Goan Chicken Combo Meal	£7.45
Goan Chicken Curry with Coconut & Cashew Rice.	27.13
Prawn Curry Combo Meal 🧦	£7.95
Authentic Kannur Prawn Curry with our Coconut Rice.	
Vegetable Biryani Combo Meal 🤌 VEGAN	£7.45
Wholesome Vegetable Biryani with Delicious Chettinad Curry Sauce.	



#### GIFT VOUCHERS & GIFT ORDERS

Gift someone the most awarded Indian meals in the U.K. You can order for someone or send our electronic gift vouchers.



#### OVEN-READY PARTY PACKS

Our best-sellers are available in larger party packs to serve 8-10 people. Whether you have family around or catering for a party, just heat our meals and serve.



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Contact Us: Call us on 01535 666596.
Email: chef@chefakila.com



# HOME MADE CURRIES & BIRYANIS

Winner of 55 Great Taste Awards





Much Healthier than Takeaways No Nasty Oils or Chemicals

All Natural Ingredients

# FRESHLY FROZEN & DELIVERED

Just Heat-up & Enjoy Deliciously Healthy Meals in Minutes







# Yorkshire Farm Chicken Curries

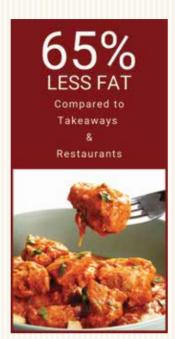
Delhi Butter Chicken 🏄 The Real Tikka Masala from Delhi. Our best-seller.	Serves 2	£10.95
Kashmiri Chicken Korma Ancient recipe from a Royal Kitchen.	Serves 2	£10.95
Village Chicken Curry MRecipe from South Indian village. Rustic and healthy		£10.95
Goan Chicken Curry  Mild, tangy and flavoursome curry from Goa.	Serves 2	£10.95
Chettinad Chicken Curry 20 Quintessential South-Indian delicacy.	Serves 2	£10.95
Pepper Chicken Curry Spicy, home-style curry from Kerala.	Serves 2	£10.95
Chicken Sukka Roast Mot & spicy dry curry. Ideal as starter or side.	Serves 2	£8.95

# Slow-Cooked Lamb Curries

Grandma's Lamb Curry	Serves 2	£12.95
Our Grandma's recipe, made with Yorkshire Lamb	).	
Lamb & Spinach Curry 🥠	Serves 2	£11.95
The famous Saag-Gosht, made healthy.		
Bombay Lamb Keema 🐠	Serves 2	£9.95
Beach-side delicacy from Mumbai.		

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Traditional Biryanis & Rice		
Royal Lamb Biryani	Serves 2	£10.95
400-year old recipe with juicy Yorkshire lamb.		
Kerala Chicken Biryani 🧦	Serves 2	£9.95
Our secret recipe with boneless chicken. Party favor	ourite.	
Vegetable Dum Biryani 🤌 VEGAN	Serves 2	£8.95
Authentic Chennai style Biryani, made healthier.		
Kuska Biryani Rice M Vegetarian	Serves 2	£5.95
Enjoy the traditional biryani taste with any meal.		
Malabar Ghee Rice / Vegetarian	Serves 2	£5.95
Home-made ghee, warming spices and the finest B	asmati.	
Nutty Lemon Rice / VEGAN	Serves 2	£4.95
Fresh lemon juice, Basmati, nuts and traditional ter	mpering.	
Coconut & Cashew Rice / VEGAN	Serves 2	£4.95
Organic coconut, finest Basmati and nutritious cas	hews.	



# NO Refined Oil **NO** Refined Sugar NO Foreign Meat NO Fake Meat

### Seafood

Kannur Prawn Curry 11 Serves 2 £.12 95 Fisherman's family recipe. Organic coconut & King prawns.

## Meat-free Delicacies

Paneer Butter Masala J Vegetarian Serves 2 £9.95 Popular Punjabi delicacy. Cottage cheese in buttery tomato curry.

Vegan Tikka Masala J VEGAN Serves 2 £8.95 Healthier version of a classic, with chickpeas and cauliflower.

Mixed Vegetable Kurma Vegetarian Serves 2 £8.95 Mixed vegetables with spices in a creamy coconut and cashew curry.

Kadala Curry 🔰 VEGAN Serves 2 £7.95 Traditional black chickpea curry with organic coconut.

Akila's Black Dal Wegetarian Serves 2 £7.95 India's soul food. Creamy, smoky and comforting.

Madras Potato Sambar J Vegetarian

Traditional lentil and vegetable curry that's our family staple.

# Scrumptious Sides & Dal

Chicken 65 (Starter) Serves 2 £7.95 Legendary boneless fried chicken from Madras.

Aubergine Gothsu J VEGAN Serves 2 £7.95 Traditional side dish with mashed aubergines and potatoes.

Spinach Dal Kootu J VEGAN Serves 2 £6.95 Organic coconut, spinach and mung dal, Kerala style.

Serves 2 £6.95 Five Lentil Dal Vegetarian 5 different lentils with home-made ghee. Wholesome.

Carrot & Beans Poriyal / VEGAN Serves 2 £ 6.95 Carrots and green beans stir-fried with coconut and authentic spices.

Mum's Masala Potatoes J VEGAN Serves 2 £6.50 Scrumptious side. Family recipe with semi-mashed potatoes & onions.

# All-in-One Curry Sauces

Makhani Curry Sauce Vegetarian Creamy sauce suitable to make any curry.	Serves 4	£5.95
Fisherman's Curry Sauce J VEGAN Make your own authentic seafood curry.	Serves 4	£5.95

Serves 4 £5.95 Chettinad Curry Sauce J VEGAN Make South Indian meat or veg curry.

# Just **Heat & Eat** Delivered Frozen

**Fully Cooked** 

No Mess No Waste









